

## LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Derek Ward, Director of Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>5 June 2018</b>
Subject:	<b>Health and Wellbeing Grant Fund - Update</b>

### **Summary:**

This information report provides the Health and Wellbeing Board with an update on the remaining projects awarded funding from the Health and Wellbeing Grant Fund in March 2015.

### **Actions Required:**

The Health and Wellbeing Board is asked to note the updated provided in Appendix A.

### **1. Background**

The Health and Wellbeing Grant Fund for Lincolnshire (the fund) was originally established in 2008 under a Section 256 Agreement between Lincolnshire County Council and NHS Lincolnshire. It was set up to support projects and initiatives which improve health and wellbeing in Lincolnshire. In November 2014 a revised Section 256 Agreement was signed between Lincolnshire County Council and the four Clinical Commissioning Groups which gave responsibility for allocating the remaining money to the Lincolnshire Health and Wellbeing Board.

In March 2015, the Board agreed to allocate £1,316,234.00 of the Health and Wellbeing Grant Fund to ten projects. As previously reported to the Board, two projects were subsequently withdrawn and two projects concluded in 2016/17.

Since the last update report in June 2017, a further four projects concluded during 2017/18 and details on these projects, along with the remaining two grant fund projects continuing in 2018/19, can be found in Appendix A.

In September 2017, the Board agreed to allocate all remaining uncommitted money in the Health and Wellbeing Grant Fund to the four clinical commissioning groups (CCGs) to support the development of neighbourhood working. As part of this arrangement any underspend from projects listed in Appendix A will be returned to the Fund on completion and added to the allocation made to the CCGs. Therefore the £139,023.70 underspend from the Step Forward project will be included in this arrangement.

In October 2017, a decision was taken by the Lincolnshire Sustainability and Transformation Partnership (STP) to use the Health and Wellbeing money as match funding for an application to the Department of Health's (DOH) VCSE (Voluntary, community and social enterprise) Health and Wellbeing Fund 2017- 18: Social Prescribing. The transfer of the Health and Wellbeing Grant Fund to the CCGs was put on hold pending the outcome of the funding bid to the DOH. In March 2018, Lincolnshire STP received confirmation that the match funding bid had not been successful. Work is now underway to redesign the project using just the Health and Wellbeing Grant fund money.

## **2. Conclusion**

The Health and Wellbeing Board has been given the responsibility for allocating and monitoring the remaining funds in the Health and Wellbeing Grant Fund. This is the fifth update report on the projects since the funding was agreed by the Board in March 2015 and the Board is asked to note the information contained in Appendix A.

## **3. Consultation**

Not applicable

## **4. Appendices**

These are listed below and attached at the back of the report	
Appendix A	Health and Wellbeing Grant Fund – 2017/18 year-end report

## **5. Background Papers**

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.


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HEALTH AND WELLBEING GRANT FUND PROJECT – 2017 - 18 Qtr 4 report

Appendix A

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining/ Underspend	Project Status
<b>Buddy Up (Care Leavers Mentoring Project)</b>	Oct 2015 – Sept 2017	£150,516.00	£150,516.00	£0	Complete
<b>Description:</b>	<p>To deliver a two year Care Leavers Mentoring Project across Lincolnshire to improve outcomes for both Care Leavers (CL) and volunteers – this is an extension of enhanced support for care leavers. The project aims are to improve outcomes for Care Leavers and Volunteers in the areas below:</p> <ul style="list-style-type: none"> <li>• Engagement in health services</li> <li>• Engagement in Education, Employment and Training (EET)</li> <li>• Emotional well-being</li> <li>• Physical health.</li> </ul>				
<b>Project Lead:</b>	Barnardo's				
<b>Performance</b>	<b>Indicator</b>			<b>Target</b>	<b>Actual</b>
	Number of volunteers recruited			20	34
	Number of care leavers matched			60	43
	Number of interventions			500	259
	<i>Please note these figures are for the period 1 October 2015 – 30 September 2017, and do not include interventions which took place after this date</i>				
<b>Project Update:</b>	<p>The number of interventions were far less than anticipated due to a variety of reasons:</p> <ul style="list-style-type: none"> <li>• Care leavers failing to attend appointments;</li> <li>• Care leavers changing their mind during the matching process;</li> <li>• Matching proved difficult in some geographical areas;</li> <li>• Difficult to match the needs of care leaver e.g. wanted support with NVQ work unable to find a volunteer with skills in that area;</li> <li>• There was a significant dip in interactions over the first Summer;</li> <li>• Some care leavers only required one-off intervention i.e. support to register with GP, attend an appointment;</li> <li>• Despite Leaving Care Workers identifying needs some Care Leavers did not want to engage;</li> <li>• No service at weekends.</li> </ul> <p>Whilst the quantitative data shows less than anticipated the qualitative data illustrates positive outcomes for all involved, with volunteers, care leavers and leaving care workers praising the service. As a direct result of the project there have been some improved outcomes for both care leavers and volunteers alike. Feedback gathered as of the project suggests participating care leavers have experienced the following outcomes:</p>				

- More regular attendance and engagement with health services
- Support to access paid work and apprenticeships
- Improved confidence – with one care leaver, for whom English was not their first language, improving their language skills to gain more confidence so that:
  - they no longer need an interpreter at meetings
  - is able to shop and live more independently
  - has enrolled at college to improve their chances of gaining employment in the future
- Positive mentoring support – for example, another care leaver was supported to join Weight Watchers and as a result has lost 11.5lbs. The individual now feels more confident and motivated to attend college.

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Diabetes Education &amp; Resources</b>	Jan 2016 – Dec 2018	£169,800.00	£33,541.13	£136,259.00	
<b>Description:</b>	<p>The HWB agreed to extend this project to deliver:</p> <ul style="list-style-type: none"> <li>• The updated Spotlight education course across the county to support people newly diagnosed with type 2 diabetes.</li> <li>• A range of interventions in conjunction with Diabetes UK to support people newly diagnosed and living with type 2 diabetes</li> <li>• Patient information packs containing support details produced both by Diabetes UK and Lincolnshire specific information</li> <li>• Living with Diabetes Days.</li> <li>• Local Peer Support Groups.</li> </ul>				
<b>Project Lead:</b>	4 Lincolnshire Clinical Commissioning Groups				
<b>Project Update:</b>	<p>The project suffered a set-back due to the delay with the signing of the NHS standard contract with Diabetes UK resulting in the project not being delivered as planned. Progress to dates includes:</p> <ul style="list-style-type: none"> <li>• Updated Spotlight education programme established across Lincolnshire.</li> <li>• Patient support packs for GP Practices delivered to all GP practices.</li> <li>• Peer support groups established and running effectively in Grantham, Skegness, Spalding and Gainsborough.</li> <li>• Promotional work undertaken to promote the four 'Living with Dementia Days' planned for 2018.</li> <li>• 987 patients invited to attend a Spotlight course in 2017/18, of which 706 actually attended a session (71.5%)</li> </ul> <p>During 2018 work will be undertaken to consider the legacy of the project and to consider an expansion of the Spotlight programme as part of the STP transformation programme.</p>				

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining / underspend	Project Status
<b>Step Forward</b>	Oct 2015 – Sept 2017	£226,200.00	£87,176.30	£139,023.70	Complete
<b>Description:</b>	<p>The Step Forward project aimed to provide adults with autism, learning disabilities or mental health conditions with support to enable them to take steps towards moving into employment. The project was delivered by Boston College in conjunction with a range of other training partners: Grantham College, Lincoln College, First College, CLIP, Abbey Access Centre, YMCA and TaylorItex. The project also provided help and advice to employers that were willing to provide work experience for people in the cohorts by helping them make the necessary adjustments to the workplace to accommodate any specific needs.</p> <p>Services for individuals were organized into a programme of interventions and activities in a logical order, but with flexibility to skip steps where appropriate, i.e. some participants already had a CV and so did not need this service. Unlike most of the work-related support services sponsored by the Department for Work and Pensions (DWP), people were not accepted onto the programme as a result of being mandated to do so, ensuring there were no risks to people's benefits as a result of not attending booked appointments.</p>				
<b>Project Lead:</b>	Adult Specialist Services through contracted providers				
<b>Project Update:</b>	<p>The project was delivered by Boston College, who sub contract to a number of other providers around the county. Overall, the performance of the project was good. Engagement activities and early learning sessions were well received. However, learners did not progress or move through the pathway as quickly as planned due to their conditions or complex needs. Progress was also often delayed due to the level of support an individual required in order to help them achieve their outcome.</p> <p>The development made by some of the participants has been outstanding; suggesting the outcomes from this project has had a positive impact on their lives. Whilst the majority of individuals engaged have not moved off benefits or into permanent paid work, their participation in the project has enabled them to be engaged in the community and participate in work placements which have benefited them in other ways. A total of 101 individuals participated in the Step Forward programme. Although securing permanent employment was not the primary objective of the project, 9 participants supported to find paid employment.</p> <p>Feedback from participants shows the project provided them with:</p> <ul style="list-style-type: none"> <li>• Increased levels of confidence</li> <li>• Increased awareness of timekeeping</li> <li>• Helped them to further develop their own independence</li> <li>• Supported them to try new things like attending training sessions or take up volunteering roles, something many had not</li> </ul>				

	<p>done before</p> <ul style="list-style-type: none"> <li>• Provided opportunities to experience a work environment and feel part of a team</li> </ul> <p>The outcomes star is a visual tool that is helpful when trying to encourage and show people positive changes that have taken place. At the initial engagement session, learners were provided with a professional 'Step Forward' folder in which they were encouraged to keep their paperwork, e.g. CV and covering letter, career action plan and disclosure of need. This was well received by learners as it made them feel valued and gave them something smart to take along to interviews.</p>
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Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining/ underspend	Project Status
<b>Assisting low income households into work</b>	Sept 2015 – Sept 2019	£98,000.00	£81,000.00	£17,000.00	□

<b>Description:</b>	This project is being undertaken as part of the 'Universal Support Delivered Locally' (USDL) work linked to the national Universal Credit rollout agenda. Adults in low income households will be supported to enhance their skills and helping them to improve their employment prospects and potentially increase their income.
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<b>Project Lead:</b>	City of Lincoln in conjunction with Lincoln College
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<b>Project Update:</b>	<p>Due to the procurement process, the programme did not start until September 2015. The training programme has proved very popular and uptake for the courses has been high, in response to the high demand the spend profile for the project has been adjusted to take this into account. The ICT/employment skills courses, delivered by Lincoln College, are run as self-directed learning sessions – learners are working towards their own individual learning aims with tutor support. This model offers greater flexibility to the learner enabling them to work at their own pace and fit it around other commitments.</p> <p>Performance to date:</p> <ul style="list-style-type: none"> <li>• 252 learners have accessed 403 training units;</li> <li>• 204 learners have passed courses and gained qualifications</li> <li>• 103 learners have moved into employment or have progressed within their current employment. It is expected that this figure will rise as a large number of learners have only very recently finished their learning and are only now entering into the tracking period.</li> <li>• Training courses offered has included courses on forklifts, IT and Computer skills, employability skills, customer service and an introduction to social care.</li> </ul> <p>Feedback to date suggests the following outcomes are being achieved:</p> <ul style="list-style-type: none"> <li>• Learners have addressed skills gaps and knowledge that was holding them back</li> <li>• Increased confidence to apply for more skilled work</li> <li>• Learners have been able to access courses they previously could not afford to attend</li> </ul>
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Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining / underspend	Project Status
<b>Connecting Communities</b>	July 2015 – June 2017	£120,302.00	£120,302.00	£0	Complete
<b>Description:</b>	This project is to further establish and embed sustainability into two resident led, fully constituted partnership groups within the hard pressed communities of Wainfleet and Winthorpe, by funding two part time local coordinators to help develop and co-ordinate activities.				
<b>Project Lead:</b>	Lincolnshire East Clinical Commissioning Group				
<b>Project Update:</b>	<p>The projects aimed to promote better collaboration between health agencies and local communities, with a particular interest in the potential for communities, as key stakeholders, to play a wider role in innovation, prevention and participation. By harnessing the collective strengths of people who live in Wainfleet and Winthorpe in a resident-led problem solving partnership to work with the key agencies to tackle local issues and problems identified by the residents. The funded paid for two part time local coordinators to help develop and coordinate activities as well as help establish a resident led, fully constituted Partnership Group in each community. The Partnerships provide a vehicle to generate enthusiasm and cooperation between residents and key agencies enabling the communities to identify solutions to local community issues. Key achievements from the project include:</p> <ul style="list-style-type: none"> <li>• Community Partnership established in both localities holding bi monthly meetings. However they are at different levels of maturity; Winthorpe is stable with good representation from residents whilst Wainfleet is less developed.</li> <li>• Across both Partnerships, good working relationships have been established with a range of service providers including, Housing, Children’s Services, Health and Police and council departments.</li> <li>• Activities have been developed to promote healthy eating and exercise.</li> <li>• Winthorpe Community Partnership has developed a 5 year community plan and has recently been registered as a Charitable Incorporated Organisation (CIO) – the first Connecting Community project to achieve this in the country.</li> </ul> <p>Community based activities have included:</p> <ul style="list-style-type: none"> <li>• Support provided to the Museum &amp; Community Hub to apply for charitable status</li> <li>• Volunteers run advice and signposting sessions to support local residents</li> <li>• Regular lunch clubs held for old and vulnerable people</li> <li>• 3 holiday clubs run involving 75 local children to help promote healthy eating and nutrition education</li> <li>• Lottery and funding bids have been secured to run community schemes</li> <li>• Police surgeries have been established at the community centre</li> <li>• Family Stay and Play sessions organised to encourage children to play together and try new things. Healthy eating also promoted at these sessions. 59 children and families engaged.</li> <li>• £1,800 secured from the Horncastle Health fund to develop a herb and fruit garden at the Community Centre. Volunteers</li> </ul>				

- are now involved in constructing the garden.
- A local Health and Wellbeing event was organised at the primary school; residents were able to talk to a host of service providers including housing: Well-being team; LCC; Health Watch; and many more.
  - In total 144 residents across both communities have benefitted from one or more of the capacity building/training opportunities, including:
    - First aid courses aimed at children and young people which focused on health issues associated with drugs and alcohol
    - CV writing & interview skill training
    - Dementia Friends
    - First Steps Community Planning training
    - Early Presentation of Cancer (EPOC) awareness session.
  - Good links have been established with the Skegness and Coast Neighbourhood Team and referrals to and from the Neighbourhood Team have taken place

Project Name:		Project Lifetime	Total Allocated	Total claimed	Total remaining / underspend	Project Status
Lincs Carers Charter		June 2015 – Dec 2017	£110,600.00	£110,600.00	£0	Complete
<b>Description:</b>	To establish a quality standard 'Kite' mark recognisable to all Lincolnshire carers, providers and partners as a way of addressing some of the difficulties caused by rurality, poor transport infrastructure and sparsity of population. It will also ensure a connection with other areas of work, such as Carers & Employment, where SME's will be supported to meet best practice.					
<b>Project Lead:</b>	Every-One (formally Lincolnshire Carers & Young Carers Partnership)					
<b>Performance</b>	<b>Objective</b>		<b>Target</b>	<b>Actual</b>		
	Number of organisations awarded the Charter mark		75	47	<i>with 197 working toward the accreditation of which 165 are pending assessment</i>	
	Number of organisations receiving Care Awareness Training		75	40 organisations	686 individuals	
	Number of carers receiving services from accredited organisations		500	5000+	<i>It is difficult to accurately assess as carers supported by the East Midlands Ambulance Service can only be estimated</i>	
	Number of organisations that have applied for reaccreditation		75	7		



**Project Update:**

The project went live in June 2015 and the Kite Mark award and process was promptly established. The Carers Quality Kite mark provides a recognisable quality standard which denotes an organisation meets best practice in the support it provides to unpaid carers. The project covers Lincolnshire with the work being a mix of 1:1 and group engagement, mentoring, assessment and awareness training, in addition monitoring and evaluation to assess impact.

Whilst the project did not meet its target of 75 organisations accredited by Dec 2017, 165 organisational assessments are pending therefore once these are completed the target will have been exceeded. In terms of training whilst we did not reach 75 organisations almost 700 people have received training which far exceeded expectations. Feedback from the organisations involved and from carers suggests the project has had an impact and delivered positive outcomes:

- Carers have experienced an improved access to information and support from accredited organisations. Participating organisations have also seen an increase in the information they have been able to provide carers.
- Greater awareness within participating organisations about the needs of carers including:
  - Health practices being more flexible with appointments
  - An increase in the number of carers registered in GP Practices
  - An increase in the number of carers identified within the hospital setting
  - Specific, tailored support for carers being offered by some organisations
  - Increased uptake in the number of organisations accessing Carer Awareness training
- Increase in the number of carers being identified

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